10 + M

Greakfast Menu	
TOAST BOARD Artisan toast board, butter, cheese & preserves	48
Eggs on Toast Fried, scrambled or poached on artisan toast	54
COOKED OATS Oats, berry compote & toasted almond flakes	56
CROISSANT BOARD Freshly baked croissant, butter, cheese & preserves	68
BACON & EGGS Grilled back bacon, eggs - fried, scrambled or poached on artisan toast	68
YOGHURT & BERRIES Double cream yoghurt, fresh berries, mint & honey	72
AVOCADO TOAST Avocado, crispy pancetta, toasted beetroot & onion bread	78
OMELETTE 85 Boerewors, tomato, caramelised onion, mozzarella omelett Medium 2 eggs Large 4 eggs	5 / 125 te
BREAKFAST CROISSANT Bacon, lettuce, tomato, boiled egg, cheddar cheese & tang	94 y mayo
PORTOBELLINI 95 Sautéed portobello mushrooms & baby spinach, bacon poached eggs, hollandaise, artisan toast	5 / 125
BUSINESS BREAKFAST Scrambled eggs, bacon, mushrooms & cherry tomatoes artisan toast	96
SMOKED SALMON Smoked salmon scrambled eggs, spring onion, rocket fennel cream cheese, English muffin	96
BANANA FRENCH TOAST Banana bread french toast, caramelised bacon, maple syr fried banana, crème fraîche & toasted almonds	105 up
ROAST SWEET POTATO Chorizo sausage, sweet potato, baby spinach, smoked chipsmoor poached eggs & grated grana padano	105 potle
CHICKEN LIVERS Creamy peri-peri chicken livers, fried eggs, artisan toast	115

Substitute artisan toast with banting toast or croissant 25

101's Big Breakfast

Cherry tomatoes

Baked beans

Boerewors or pork sausages, fried eggs, cherry tomatoes, sautéed mushrooms, grilled back bacon, rustic chips & artisan toast 148

Scones & Cakes 54 Freshly baked scone, butter, cheese, chantilly cream & preserves CARROT CAKE 69 Pecan nut & carrot cake, cream cheese frosting, chantilly cream BAKED CHEESECAKE 90 Baked cheesecake with lemon curd topping 32 Buttered toast 12 ½ Avocado 35 Single egg Back bacon 35 Cheddar cheese Rustic chips 22 Pork bangers 42 Sautéed mushrooms 22 42

25

Grilled boerewors

35

40

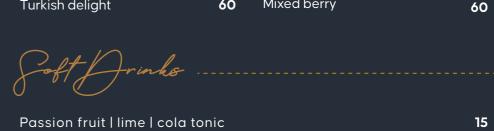
Peanut butter, cocoa powder, banana, almond milk double cream yogurt	80
Banana, chai powder, rolled oats & almond milk	80
fruit Juices	
Our fruit juices may vary due to availability. Please ask your waitron wi juices are available.	nat
Orange mango mixed berry pineapple	38

Homemade lemonade with fresh mint

Tomato cocktail

Pineapple, blueberries, banana, chia seeds & almond milk (V) 80

Chocolate D.	rinkë	۶		
Your choice of dark or white me	elted cl	nocolate		
Classic hot melted chocolat	e cup		40	
Melted chocolate, chilli, cinn	amon	spice	40	
Melted chocolate, single shot espresso				
Milo			38	
Melted chocolate, marshmallows, toasted nuts				
Substitute full cream milk fo	r almo	nd milk	12	
Spiced fea D	rink	s		
Red chai latte			30	
Red cappuccino		3	so / 35	
Chai latte			40	
Chocolate chai latte			45	
Substitute full cream milk for almond milk			12	
Gourmet Milhohakes				
We try to make all of our milkshakes by using as little sweetened syrups as we possibly can - please be patient while your milkshakes are being prepared as they require extra love and attention.				
Coffee	60	Vanilla	60	
Salted caramel	60	Chocolate	60	
Turkish delight	60	Mixed berry	60	



Passion fruit lime cola tonic	15
Still 250ml sparkling 250ml	28
Still 750ml sparkling 750 ml	48
Soda water lemonade indian tonic pink tonic ginger ale bitter lemon grapefruit tonic sugar free tonic	28
Coke coke zero coke light sprite sprite zero cream soda	30
Lemon ice tea peach ice tea	32
Appletizer Grapetizer	35



Our coffee beans are supplied by Root Coffee Roasters, a micro roastery based in George. We use a special bean called tolimaldolores - peace coffee from Colombia, South America

Tasting notes: round bodied, nutty & spicy with slight hints of cacao & orange

BabyChino	15
(Steamed milk topped with a hint of chocolate & mini mars	shmallows)
Single espresso	28 / 35
Americano	35 / 40
Americano decaf	35 / 40
Cappuccino	35 / 45
Cappuccino decaf	35 / 45
Cafe latté	40
Flat white (double shot)	40 / 45
Affogato (Espresso topped with a scoop of vanilla ice cream)	60
lced coffee (Espresso, condensed milk, chocolate, full cream milk)	60
Substitute full cream milk for almond milk	12



ENMASSE TEA

Their aim is to elevate the art of daily tea drinking. The result is a range of loose leaf teas that carry no baggage & no pretences. They have a strong regard for tradition & healthy living but a stronger regard for quality tea drinking

CONNOISSEUR

For the discerning rooibos drinker. These extra long organic rooibos needles produce a truly magical flavour. Caffeine free

BLACK BREAKFAST

This medium bodied black tea has a uniquely full aroma & can be served throughout the day. Contains caffeine

EARL GREY

Respect returns to the grey lineage with this punchy yet delicate aromatic bergamot & black tea blend. Blends well with milk, contains caffeine

HOT CROSS BUN CHAI

A warm, full bodied spiced chai. Caffeine free

DEVIL'S ADVOCATE

A curiously strong, full bodied ginger & chilli infusion to keep you and your immune system honest. Caffeine free

GREEN CAIPIRINHA

An exotic blend of citrus flavours with a green rooibos base. Caffeine free

wildroute
RESTAURANT GROUP

www.101meade.co.za 044 874 0343





breakfast MENU

101 M E A D E

RESTAURANT & BAR